



# Microbiological quality and safety of farmed seaweed *Alaria esculenta* and salmon *Salmo salar* co-cultured in an integrated multitrophic aquaculture system

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## AIM

This study aimed to the investigation of the spoilage potential as well as to the examination of the presence of human pathogens in two different species (salmon *Salmo salar* and seaweed *Alaria esculenta*) cultured in IMTA system. In addition, several nutritional parameters were evaluated so as to provide a preliminary view about the nutritional quality of such products.

Marine Institute –  
Lehanagh pool



Seaweed and salmon sample  
transfer at 0°C,  
Arrival within 3 days from  
harvest



Agricultural University  
of Athens

Sample preparation and storage (0,  
4°C – salmon, 0, 5°C - seaweed



Microbiological analysis

Total Viable Counts (TVC), *Pseudomonas* spp., *Vibrio* spp., H<sub>2</sub>S-producing bacteria, *Brochothrix thermosphacta*, Enterobacteriaceae, lactic acid bacteria, *Bacillus*, *Aeromonas*, Gram (-), yeast and molds, *Listeria monocytogenes*, *Salmonella*, *E. coli*, *Staphylococcus aureus*

Nutritional analysis

Proteins, fat, fatty acid profile, carbohydrates, ash, moisture

## MATERIALS AND METHODS

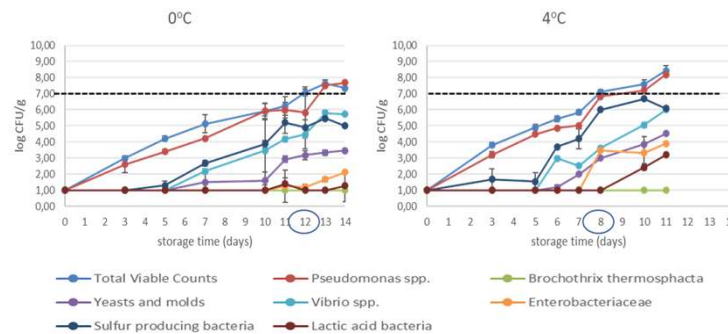
## RESULTS

### Presence of human pathogens

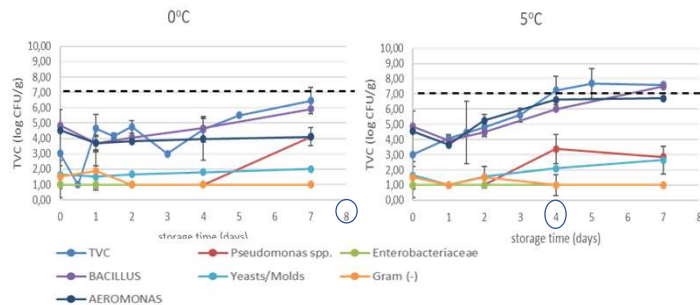
Microorganisms	Salmon	Seaweed
<i>Salmonella</i>	Absence in 25g	Absence in 25g
<i>E. coli</i>	Absence in 25g	Absence in 25g
<i>Listeria monocytogenes</i>	Absence in 25g	Absence in 25g
<i>Vibrio</i> spp.	Presence* (sporadically)	Absence in 25g
<i>Staphylococcus aureus</i>	Absence in 25g	Absence in 25g

\* Further analysis is required to test if the isolates belong to any of human pathogenic species

### Microbiological analysis - Salmon



### Microbiological analysis - *Alaria esculenta*



- The microbiological spoilage threshold (7.0 log CFU/g) was reached at 8<sup>th</sup> and 12<sup>th</sup> day of storage at 4 and 0°C, respectively.
- Dominant spoilage group → *Pseudomonas* spp.
- Growth of H<sub>2</sub>S-producing bacteria (off-odors) begun after the 5<sup>th</sup> day of storage in both storage temperatures
- Low levels of Enterobacteriaceae family bacteria (hygiene indicator)
- *B. thermosphacta* (a common spoiler) → below enumeration limit throughout storage

- The microbiological spoilage threshold (7.0 log CFU/g) was reached at 8<sup>th</sup> and 4<sup>th</sup> day of storage at 0 and 5°C, respectively.
- Dominant spoilage group → *Aeromonas* spp. and *Bacillus*
- Enterobacteriaceae family bacteria (hygiene indicator) → almost below the enumeration limit
- Low levels of *Pseudomonas* spp. (common spoiler)

### Nutritional data for salmon and seaweed

	SALMON		SEAWEED	
	g / 100g	Indicative values*	g / 100g	Indicative values*
Protein	18.41	20.40	2,37	1,70
Fat	21.05	13.40	0,41	0,60
Saturated	5.74	3.10	0,23	0,20
	27.27%**	23.13%	56,09%	33,30%
Carbohydrates	0	0	14,61	9,60
Ash	1.23	1.00	4,88	6,60
Moisture	59.31	64.90	77,73	81,60

\* Provided by USDA SR21 \*\* of total fat content

- Most of the tested parameters were close to the values provided by USDA, except for fat in salmon which was higher than the indicative value (USDA).
- Fat content was comprised of valuable fatty acids both in salmon (C18:1 cis, C18:2 cis, C18:3 n3 (ALA), C20:5 (EPA), C24:1) and seaweed (C18:1 cis, C18:2 cis, C18:3 n3 (ALA), C20:4 n6 (AA))

## CONCLUSION

Based on the findings of this study, the tested IMTA products were considered as safe and of satisfactory microbiological and nutritional quality which at least were not negatively differentiated from the quality microbiological characteristics reported in literature for the same species grown as monocultures.